

TWESIGYE JUSTUS (BSWSA; MSW; Ph.D.)

Physical Address	:	Social Work and Social Administration Department, Makerere University P O Box 7062, Kampala
Telephone Contact	:	+256 751 422 877/782 422 877
Nationality	:	Ugandan
Date of Birth	:	25 th August 1976
Marital Status	:	Married
Email Address	:	justustwesigye@yahoo.com
Present Position	:	Lecturer
Profession	:	Social Worker

Education and Qualifications

2010-2014 I was awarded a Ph.D. by Stellenbosch University in South Africa on March 14, 2014. My Doctoral speciality is in Mental Health. My Ph.D. Dissertation is titled “Explanatory models for the care of outpatients with mood disorder in Uganda: An exploratory study”.

2003-2005 Master of Social Work (Clinical Practice Option) at University of Botswana.

1997-2000 Bachelor of Social Work and Social Administration (Upper Second Honours), Makerere University.

1995-1997 Uganda Advanced Certificate of Education (UACE) at Nganwa High School, Bushenyi district.

1991-1994 Uganda Certificate of Education (UCE) at Mwizi Secondary School, Mbarara district.

1984-1990 Primary Leaving Examinations (PLE) at Mwizi Primary School, Mbarara district.

Distinctions Won

- ◆ Awarded a two-year Early Career Scholar’s grant by the College of Humanities and Social Sciences, Makerere University and the Andrew W Mellon Foundation in November 2018.
- ◆ Awarded a two-year postdoctoral fellowship under the Makerere University-Sida Program in 2017.
- ◆ Awarded the African Doctoral Academy (ADA) scholarship in 2010, for doctoral studies at Stellenbosch University.
- ◆ Named outstanding service provider of the year 2007 at Butabika national referral hospital in Uganda.
- ◆ Awarded the African Development Bank (ADB) Scholarship in 2003, for a Master of Social Work degree at the University of Botswana.
- ◆ Listed on Dean’s list, School of Social Sciences at Makerere University in 2000 for excellent academic performance.
- ◆ Pioneer University graduate of Mwizi Secondary School since the school’s inception in 1984.
- ◆ Best 1997 UACE candidate of Nganwa High School, Bushenyi district.
- ◆ Sportsman of the year (1995) at Nganwa High School, Bushenyi district.
- ◆ Best 1994 UCE candidate of Mwizi Secondary School, Mbarara district.

Employment Record/Work Experience

- **Lecturer** in the Department Social Work and Social Administration (SWSA), School of Social Sciences at Makerere University (**November 2014 to date**). My duties include:
 - **Lead lecturer** for the following courses: Introduction to Social Work (**SWA 1110, Core**); Developmental Social Work (**SWA 3110, Core**); Mental Health and Psychotherapeutic Intervention in Social Work (**SWA 2118, Elective**); Elements of Social Work Intervention (**SWA 1219, Core**); Principles and Practices of Counselling (**SWA 2222, Core**); Applied Developmental Social Work (**SW 3200, Core**); Community-based Social Work (**SSP 7101, Elective**)
 - **Departmental Coordinator** for Fieldwork Practicum Program (**2015 to 2018**): Supported students' placement for fieldwork practice; Sensitised students and staff on fieldwork practice; Arranged for supervision and assessment of students' fieldwork practice; Processed and submitted fieldwork results.
 - **School Coordinator** for Internship (**2015 to date**): Support students' placement for internship practice; Conduct sensitisation for students and staff on internship practice; Arrange for supervision and assessment of students' internship practice; Process and submit internship results.
 - **Departmental Coordinator** of the MFamily Program (**2016 to date**): This program is jointly implemented by Social Work Departments at University Institute of Lisbon, University of Stavanger, Gothenburg University and Makerere University.
 - **Supervisor** of students' research and dissertation/theses. I supervise students undertaking research and writing dissertations/theses for Doctoral, Masters and Bachelor's degrees.
 - **Internal Examiner** for examinations and dissertations in the SWSA Department (**2008 to date**). I review students' research proposals, assess students' dissertations and grade students' performance tests, coursework and examinations.
 - **Examiner for Mature Age Entry Scheme in the Department of Academic Registrar at Makerere University (2017 to date)**. I examine candidates to be admitted for Bachelor of Social Work and Social Administration (in Social Work) and Bachelor of Social Sciences (in Social Administration).
 - **Coordinator** for Seminars (2014 to date): I organise seminars for staff and students to discuss contemporary and topical issues in social work.
 - **Member** of the Curriculum Review and Development Committee in the SWSA Department (2008 to date): I lead the committee on the Direct (Clinical) Social Work practice strand.
 - **Trainer** for doctoral students in advanced qualitative research under the mentorship of Professor Stella Neema. I teach computer-assisted data analysis (using Atlas.ti.).
- **Assistant Lecturer** in the SWSA Department, School of Social Sciences at Makerere University (**August 2008 to October 2014**):
 - My duties included teaching, examining students, supervising students' dissertations and fieldwork placements and providing counselling and guidance to students.
- **Senior Social Worker and Acting Head** of the Psychiatric Social Work Department at Butabika National Referral Mental Hospital (**January 2007 to August 2008**).
 - Provided clinical social work and administrative services: Clinical social work services included counselling and health educating service users while administrative services included planning and budgeting for social work activities, supervising and mentoring junior staff.

- **Secretary** for the Clinical Committee (**January to August 2008**): Responsible coordinating invitation of members to meetings, taking minutes and disseminating minutes.
- **Part-time Lecturer** in the SWSA Department, School of Social Sciences at Makerere University (February 2006 to July 2008).
- My duties included teaching, examining students, and supervising undergraduate students' dissertations and fieldwork practice.
- **Lecturer** in the Department of Social Work and Social Administration at Uganda Christian University, Mukono (**January 2006 to December 2007**).
- My duties included teaching, examining students, and supervising undergraduate students' dissertations and fieldwork practice.
- **Social Worker** with Concern for the Girl Child (CGC) in Kampala city and Luwero district (**January 2002 to August 2003**):
- Assessed orphans and other vulnerable children (OVC) for sponsorship; provided education on sexual and reproductive health; counselled and guided OVC on sexual relationships, mobilised families and communities to promote retention of children in school.

Selected Publications

- **Twesigye, J.** Twikirize, M. J, Luwangula, R & Kitimbo, S. (2019). Building resilience through indigenous mechanisms. The case of *Bataka* groups in western Uganda. In: J. M. Twikirize & H. Spitzer (eds) *Social work practice in Africa: Indigenous and innovative approaches*. Kampala, Fountain, 145-160.
- Twikirize J. M., Luwangula, R., & **Twesigye, J.** (2019). *Social work practice in Uganda: Learning from indigenous and innovative approaches*. Kampala, Fountain.
- Luwangula, R., Twikirize, J.M., **Twesigye, J.**, & Kitimbo, S. (2019). Culturally relevant social work practice in Uganda: A review of selected innovative and indigenous models. In: J. M. Twikirize & H. Spitzer (eds) *Social work practice in Africa: Indigenous and innovative approaches*. Kampala, Fountain, 125-143.
- Luwangula, R., Twikirize, J. M., & **Twesigye, J.** (2019). Traditional fostering in a post-conflict context. The case of Laroo-Pece Women's association in Northern Uganda. J. M. Twikirize & H. Spitzer (eds) *Social work practice in Africa: Indigenous and innovative approaches*. Kampala, Fountain, 161-179.
- **Twesigye, J** & Kagee, A (2016). Patients' and care providers' experiences of stigma associated with bipolar I disorder in Uganda, *The Social Work Practitioner-Researcher*, Vol. 28 (2).
- **Twesigye, J** & Kagee, A (2016). Perspectives of patients and caregivers on the logistical barriers to providing mental health services in Uganda. *Social Work*, Vol. 52 No. 1(2).
- Swartz, L., Kilian, S., **Twesigye, J.**, Attah., D & Chiliza, B. (2014). Language, culture, and task shifting – an emerging challenge for global mental health. *Global Health Action*, 7: 23433 - doi.org/10.3402/gha. v7.23433
- Luwangula, R., Bukuluki P., & **Twesigye, J.** (2014). Psychosocial problems among survivors and suggested interventions for coping with child sacrifice in Uganda. *International Letters of Social and Humanistic Sciences*, 30(1), 66–77.

Academic Research Conducted

- Early Career Scholar's grant sponsored by the College of Humanities and Social Sciences at Makerere University and the Andrew W Mellon Foundation (November 2018 to November

2020). Research topic: “Social entrepreneurship for reducing youth unemployment and enhancing social work’s contribution to Uganda’s sustainable development”.

- Two-year Postdoctoral fellowship under the Makerere-Sida Program (2017-2019): Research topic: “Expression, local treatment, and factor structure of idioms of distress among people in Western Uganda who meet the diagnostic criteria for major depression”.
- Doctoral research at Stellenbosch University, South Africa (2010 to 2013). Research topic: “Explanatory models for the care of Ugandan outpatients with mood disorders”.
- Research for Master of Social Work (MSW) at University of Botswana (January to July 2015). Research topic: “Job-related stress among health workers: A case study of two organisations caring for People with HIV/AIDS in Uganda”.
- Research for Bachelor of Social Work and Social Administration (BSWSA) at Makerere University (August 1999 to February 2000). Research topic: “Changing roles of parents in primary education since inception of UPE in Mwizi sub-county, Mbarara district”.

Research Consultancy

- Lead Consultant with Catholic Relief Services (CRS), Uganda (June to July 2014). I conducted a rapid assessment of OVC programming in central and western Uganda on behalf of CRC, Uganda.
- Associate Consultant for the Mid-Term Review (MTR) of the Uganda Red Cross Society Strategic Plan 2007-2010 (May to June 2009). Associate Professor Asingwire Narathius, in the Department of SWSA at Makerere University was the lead consultant. I collected, managed and analysed data.
- Associate Consultant for the final evaluation of COPE Project implemented by Africare in Ntungamo district in the Western Uganda (July to September 2009). Dr. Muhangi Denis, a Lecturer in the Department of SWSA at Makerere University was the lead consultant. I collected, managed and analysed data.
- Associate Consultant for the baseline survey on knowledge, attitudes and practices regarding child labour and HIV/AIDS in Uganda, on behalf of International Labour Organization (ILO)/International Program on Elimination of Child Labour (IPEC) – Uganda (April to July 2006). Dr. Mugumya Firminus, a Lecturer in the Department of SWSA at Makerere University was the lead consultant. I collected, managed, analysed data and wrote the report.
- Research Assistant with Development Network of Indigenous Voluntary Associations (DENIVA), Kampala Uganda (December 2001 to February 2002). We assessed the level of engagement between local governments and civil society organisations and identified benchmarks for best practices in Ntungamo district.
- Research Assistant at the Makerere Institute of Social Research (MISR). We conducted a baseline survey on sexual and reproductive health in Ntungamo, Rukungiri and Kanungu districts (October to December 2001).

Selected Master’s Dissertations Supervised under MASSPM

	Name	Research Topic	Status
1	Ms. Tümel Sabanci	Expressions of hope and aspiration among young people receiving rehabilitation services for substance abuse in Kampala Uganda.	Graduated in August 2015.
2	Ms. Paoletti Sara	Parenting experiences of formerly abducted young mothers in post-conflict northern Uganda	Graduated in August 2016.

3	Ms. Xiuz Zhang	The transformative role of education sponsorship program by Concern for the Girl Child among female orphaned and vulnerable children in Uganda.	Graduated in August 2017.
4	Mr. Lule Cassim	The burden of care among caregivers of children with cerebral palsy seeking rehabilitation services at Mulago National Referral Hospital in Uganda	Graduated in January 2018
5	Mr. Musasizi Juma	Children with disability in mainstream primary schools in Bugiri Town Council, Bugiri district.	Graduated in January 2018
6	Mr. Nduhuura Jonan	Perspectives on the right to education by learners with disability in Mbarara Municipality, Mbarara district	Graduated in January 2018
7	Ms. Laura Sirabella	Participation of young women in the realisation and promotion of sexual and reproductive health rights in Kampala city, Uganda.	Graduated in 2019
8	Ms. Agnes Uyungrowth	Experiences of stigma among people with physical disability in Nebbi district.	To graduate in May 2021
9	Ms. Phiona Alanyo	Management of psychosocial consequences of head nodding syndrome among affected families in Pader district.	To graduate in May 2021
10	Ms. Cynthia Awor	Experiences of self-care among child and family protection officers in Kampala Metropolitan Police.	Data collection
11	Ms. Suzan Amviko Onzima	Perceptions of resilience among child protection workers of M-LISAD, Uganda	Writing a research proposal
12	Mr. Moses Kinobe	Experiences of people living with epilepsy in Rukungiri district, Uganda	Writing a research proposal
13	Ms. Live Kheradmandi	When emergency placements become long lasting: Accounts of social workers in emergency residential care for juveniles on long-term placements in Oslo, Norway	Writing a research proposal

Supervision of Ph.D. thesis

	Name	Research Topic	Status
1	Ms. Winfred Naamara	Understanding social support for family caregivers of patients with schizophrenia in Greater Kampala, Uganda	Data collection

Community Service

- **Board Member** for Concern for the Girl Child (CGC); this is Child-focused NGO that operates in Kampala city, Luwero and Nakaseke districts (April 2016 to date).
- **Patron** for Isingiro Makerere University Students' Association (IMUSA) (2014 to date).
- **External Examiner** in the Department of Social Work and Social Administration, Islamic University in Uganda. P O Box, 2555;0000, Mbale (2015 to 2016).

- **Technical Adviser** to Department of Social Work and Social Administration at Uganda Christian University in reviewing and developing the Bachelor of Social Work and social Administration Curriculum in 2016.
- **Developer** of the module for training social workers that was included in the training manual for mental health professionals working with the Peter C Alderman Foundation Clinics (PCAFC) in Northern and Eastern Uganda (2011).
- **Supporter** of fundraising and resource mobilisation initiatives for community and social development.
- **Mobiliser** for the National Association of Social Workers Association in Uganda (NASSWU). I organised a students' workshop at Makerere University on March 11, 2016 and served as Master of Ceremonies at the Social Work Walk on Sunday March 2016. These activities were for commemorating the international social work month in Uganda.

Presentations at Conferences/Workshops

- **Twesigye, J.** Social Entrepreneurship in Uganda: Emerging issues and Implications for Social Work Education: Paper presented at the CHUSS Seminar at Makerere University (Dec 4, 2019).
- **Twesigye, J.** Solving youth unemployment through social entrepreneurship among social workers in Uganda: Opportunities and challenges: Paper presented at the CHUSS Symposium at Makerere University (May 15-16, 2019)
- Twesigye, J. Twikirize J. M., Luwangula, R., & Kitimbo, S. (2018). Building resilience through indigenous mechanisms. The case of *Bataka* groups in western Uganda. A paper presented at the international social work conference: Rwanda Convention centre, Kigali: 19–22, March.
- Twesigye, J., & Kagee, A. (2018). Mood disorders in Uganda: How patients and providers conceptualise treatment approaches. A paper presented at the international social work conference: Rwanda Convention centre, Kigali: 19–22, March.
- Twesigye, J. (2017). Social Work entrepreneurship: A decisive option for MFamily students. A paper presented at the MFamily Career Seminar/ Second Edition: University Institute of Lisbon: 3rd August.
- Twesigye, J. (2016). Conceptualizing a Master of Social Work program: Key Issues. A paper presented at the curriculum development consultative workshop at Uganda Christian University, Mukono: 11th May.
- Twesigye, J. & Twikirize J.M. (2015). The case for regulation of social work education and practice in Uganda: A paper presented at a public social work dialogue to mark the international social work day. Hotel Africana, Kampala: 17th March.
- Twesigye, J., & Kagee, A. (2014). Manifestations and lay labeling of mood disorders: Whose misery is it anyway? A paper presented at the international social work conference: Hotel Africana, Kampala: 16–18 March.
- Twesigye, J., & Kagee, A. (2014). Mood disorders and aggravated poverty in Uganda: The chicken-egg brainteaser. A paper presented at the international social work conference. Hotel Africana, Kampala: 16–18 March.
- Twesigye, J. (2010). “To understand me you must walk a mile in my moccasins” (a Native American proverb): Interpretation and application to psychotherapy with couples in Uganda. A paper presented at the 6th African Conference on Psychotherapy organised by the World Council for Psychotherapy, African Chapter, Kampala: 14–16 December.

Membership to Professional Bodies

- National Association of Social Workers in Uganda (NASSWU)
- Association of African Schools of Social Work
- Consortium member Universities that implements the MFamily Program

Fieldwork Practice

- **Intern Social Worker** with Inter Aid Uganda (IAU), Kampala (June to August 2000). Provided counselling services; assessed and recommended asylum seekers for refugee status on behalf of the United Nations High Commission for Refugees (UNHCR).
- **Intern Social Worker** with Family Planning Association of Uganda and Youth Drop in Centre in Mbarara district (June to August 1999). Provided family planning and youth friendly services including educating and counselling youths on sexual and reproductive health concerns.
- **Intern Social Worker** with The AIDS Support Organisation (TASO), Mbarara–district, Uganda (June to August 1998). Provided HIV and AIDS counselling; education on sexual and reproductive health concerns to clients and their families.

Selected Leadership Positions

- Project Coordinator (MUSWSA): 1998/1999
- Speaker, Bukanga-Isingiro Makerere University Students Association (BIMUSA): 1999.
- Class coordinator (BSWSA 1): 1997/1998
- Timekeeper at Mwizi Senior Secondary School (1992).

Special Interests

- My special interests include reading, leadership, farming, games and sports.

Referees

Dr. Kagee Ashraf, Distinguished Professor, Department of Psychology Faculty of Arts and Social Sciences Stellenbosch University Private Bag XI, Matieland, Stellenbosch, 7602 Email: skagee@sun.ac.za Telephone: +27834433002	Dr. Omona Julius, Associate Professor, Social Work and Social Administration Department, School of Social Sciences, Makerere University P O Box 7062, Kampala Uganda Email: omonaj@yahoo.co.uk Telephone: +256 782452618
Dr. Muhwezi, Wilson Winstons Associate Professor, Department of Psychiatry, Makerere University College of Health Sciences Makerere University P O Box 7072, Kampala Uganda. Email Address: wmuhwezi@chs.mak.ac.ug Telephone: +256 772 430 287	

By

Twesigye Justus, Ph.D.